



Council Rock Parenting Academy

To register for each program email CRCHY@crsd.org or call 215-944-1006 as soon as possible as materials must be purchased for each participant. **There is no cost to participants to attend these programs.** **Each program is a series of classes.**

Brief Program Descriptions

The Incredible Years (Preschool – grade 3) is a proven effective program that increases academic success, reduces behavior problems and stress in the family. Topics include problem solving, learning routines, setting limits, consequences, praise and reward, and discipline.

Second Step (K-3) contains four proven components designed to teach problem solving skills, impulse control, anger management and empathy. **Family unit reinforces the same four components taught to students in grades K-3.**

Life Skills Training (grades 4-6) Family Unit provides parents with tools to strengthen communication, appropriate behavior monitoring and discipline, positive role modeling, refusal skills, anger management and problem solving. **Reinforces skills students learn in grades 4-6.**

Supporting School Success (K-3) is an evidence based program shown to improve classroom behavior and academic performance. Lessons teach parents the skills necessary to support their child's success in school and improve communication among family members. Topics include reading and writing, math, homework, problem solving, and teaching skills.

Creating Lasting Family Connections (grades 6-9) Interactive series of classes will provide parents and youth with activities to promote independence and responsibility, discussion to assist parents in raising resilient youth, identify risk behaviors, and strengthen family communication skills. **Dinner will be served before the program.**

Guiding Good Choices (grades 5-8) is a research-based prevention program that aims to reduce substance abuse and increase family bonding. Provides family activities, skill-building exercises, tips on positive parenting, and more. A valuable resource.

The Seven Habits of Highly Effective Families (K-12) provides families with goal setting skills, time management skills and focuses relationship building by using the principles of the Seven Habits.

Staying Connected with Your Teen (grades 7-12) teaches parents and teens the skills they need to improve family communication and family bonding. Participating families show improvement in discipline practices and supervision skills. Research demonstrates the critical importance of parent involvement in reducing antisocial behaviors.

Parent-to-Parent (grades 8-12) is a nationally known substance abuse prevention program, teaching parents how to protect their children from drugs, violence, and premature sexual activity. It is a video based interactive program, allowing the opportunity for discussion and networking with other parents.

(Turnover for dates of programs)



The Council Rock Parenting Academy



Council Rock Coalition for Healthy Youth
 Chancellor Center
 30 N. Chancellor St. Newtown, Pa 18940
 215-944-1006

Register at [_CRCHY@crsd.org](mailto:CRCHY@crsd.org)

Each program is a series of classes and they are held at Chancellor Center.
 There is no cost to the participant.

Each program session is a series of classes. We encourage you to attend all classes Turnover for program descriptions		
Elementary Parents K-3	Elementary Parents Grades 4-6	Middle and High School Parents Grades 7 - 12
Second Step 9:30 – 11:30 am 3 sessions Feb. 21, 28, and March 6	Life Skills Training 9:30 – 11:30 am 3 sessions Feb. 22, 29, and March 7	Staying Connected with Your Teen 10 am – 12 pm 5 sessions Feb. 21, 28, Mar. 6, 13, and 20
All Parents		
7 Habits of Highly Effective Families 1 – 3 pm 6 sessions April 11, 18, 25, May 2, 9, 16, 2012		

If your organization, PTO, workplace, or other local group, would like to host a series of classes at your location, our Council Rock Parenting Academy facilitators will travel to your site. Please contact us at CRCHY@crsd.org as arrangements must be made in advance.

Register at CRCHY@crsd.org or call 215-944-1006

If the class you want to attend is not yet scheduled or you were unable to attend the first series, please email your name, phone number, and which program you are interested in, to CRCHY@crsd.org and we will contact you when it is scheduled.

(Turnover for program descriptions)